



Warrior Family Retreat

Friday

5:00 – 6:30

6:30 – 7:30

Arrival and Hotel Check-In

Dinner (on your own)

Saturday

07:00 – 08:30

09:00 – 12:00

9:00 – 10:30

10:30 – 12:00

12:00 – 1:00

1:00 – 2:00

2:00 – 2:30

2:30 – 4:00

4:30 – 5:00

5:00 – 6:00

6:00 – 7:00

7:00 – 'til

Breakfast

Children: Art projects/ Play time

Adults: "Partners Again" GROUP I

"Secrets of the Horse Whisperer" GROUP II

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"Secrets of the Horse Whisperer" GROUP I

Lunch Break

Family Game Time – Fun family team activity

Adults: Couples discussion and sharing of morning EAP exercises

Children: Play time and exploration

Adults: "Secrets of the Horse Whisperer" – GROUPS I & II

Children: "Fun With Horses" – Horse safety, grooming, games

Family Art Project – "Building The House"

Free Time/Family Time

Dinner

Campfire and S'Mores

Sunday

07:00 – 08:30

09:00 – 09:30

09:30 – 09:45

09:45 – 11:00

11:00 – 12:00

12:00 – 1:00

1:30 – 3:00

3:00 – 4:00

Breakfast

Cowboy Sunday Service – Non-denominational

BREAK

Partners: Coping with the challenges – Equine-assisted exercises and sharing among husbands, wives, life partners

Soldier & Children: Special time and play

Family horsemanship and riding lessons

Lunch

Wagon and trail rides

"Tools for Healing" – Helpful resources and tips to help families and couples.